



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Confidence in the Water!



**Swim Clinic with Kris
Schultz, VA. State High
School Champion**

COME JOIN US

June 27th – July 1st

12–2pm, Monday–Friday

**Swimmers will learn new
techniques and drills to
improve their swimming on a
competitive level**



Register online or in person. Clinic is for those currently swimming competitively and are wanting to improve their skills. For more information email Liz Nordquist at lnordquist@altavistaymca.com