



# KARATE CLINIC

Open for ages 10+  
& all levels

SATURDAY, JUNE 17  
10:00 - 11:30 AM

LEARN FALLING, ROLLING,  
PROPER PUNCHES & MORE

\$10 MEMBERS

\$20 NONMEMBERS

FOR MORE INFORMATION  
DOJO3RING@YAHOO.COM



ALTAVISTA AREA YMCA  
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