



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

YMCA ATHLETIC CENTER

Main Gym Schedule

Schedule is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
December – March Youth basketball starting at 5:30pm-8:00pm, Monday – Friday & 8:00am – 1:00pm on Saturday	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**		
Multiple activities are often scheduled in this gym at the same time.	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	8:00-4:45 Open Gym**	
Gym Rules Please wear athletic shoes. No flip-flops or sandals	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-4:45 Youth Gym*	1:00-4:45 Youth Gym*
No food or drinks						4:45pm Gym Closed	4:45pm Gym Closed
Put basketballs into bin when leaving	Open Gym** 6:00-8:45	6:00-8:45 Open Gym**	6:00-8:45 Open Gym**	Open Gym** 6:00-8:45	Open Gym** 6:00-8:45		
<u>Age Guidelines</u> Youth may be in gym at any time, when accompanied by an adult	Pickleball 6:30-8:30 Court 1			Pickleball 6:30-8:30 Court 1			
*1:00-7:00pm youth, 10 & up may be in gym unaccompanied	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed		

** Before 1:00pm & after 7:00pm, **youth 16 & older** may be in gym unaccompanied



To Download the App,
Scan the QR Code



Altavista Area YMCA

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