



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

YMCA ATHLETIC CENTER

Gym Schedule

Schedule is subject to change

December – first of March

Youth basketball:
5:30pm-7:45pm,
Mon – Fri &
8:00am – 1:00pm,
Saturday

Multiple activities are often scheduled in this gym at the same time.

Gym Rules

Please wear athletic shoes. No flip-flops, sandals, or boots

No food or drinks

Put basketballs into bin when leaving

Age Guidelines

Youth may be in gym at any time, when accompanied by an adult

***Youth Gym:10-15** may be in gym unaccompanied from 1:00pm (when there's no school)-7:00pm and then must leave the Y or be with an adult

**** Open Gym:16 & older** may be in gym unaccompanied

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**		
	Pickleball 9:00-1:00 Court 1	Pickleball 9:00-1:00 Court 1	Pickleball 9:00-1:00 Court 1	Pickleball 9:00-1:00 Court 1	Pickleball 9:00-1:00 Court 1	8:00-4:45 Open Gym**	
	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-4:45 Youth Gym*	1:00-4:45 Youth Gym*
						4:45pm Gym Closed	4:45pm Gym Closed
	Open Gym** 7:00-8:45	7:00-8:45 Open Gym**	7:00-8:45 Open Gym**	Open Gym** 7:00-8:45	Open Gym** 7:00-8:45		
	Pickleball 6:30-8:30 Court 1			Pickleball 6:30-8:30 Court 1	Pickleball 6:30-8:30 Court 1		
	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed	9:00pm Gym Closed		

Altavista Area YMCA

718 7th Street, Altavista, Va. 24517

P 434 369 9622 ext. 0 F 434 369 2187 altavistaymca.com