



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

YMCA ATHLETIC CENTER

Main Gym Schedule

Schedule is subject to change

December – March Youth basketball starting at 5:30pm–8:00pm, Monday – Friday & 8:00am – 1:00pm on Saturday

Multiple activities are often scheduled in this gym at the same time.

Gym Rules

Please wear athletic shoes. No flip-flops or sandals

No food or drinks

Put basketballs into bin when leaving

Age Guidelines

Youth may be with parents in gym at any time.

*1:00–6:00pm youth 10 & up may be in gym unaccompanied

** Before 1:00pm & after 6:00pm, youth 16 & older may be in gym unaccompanied

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am–1:00 Open Gym**	4:30am–1:00 Open Gym**	4:30am–1:00 Open Gym**	4:30am–1:00 Open Gym**	4:30am–1:00 Open Gym**	4:30am–1:00 Open Gym**		
10:00–1:00 Court 2 Volleyball	10:00–1:00 Court 2 Pickleball	10:00–1:00 Court 2 Pickleball	10:00–1:00 Court 2 Pickleball	10:00–1:00 Court 2 Pickleball	10:00–1:00 Court 2 Volleyball	8:00–4:45 Open Gym**	
1:00–6:00 Youth Gym*	1:00–6:00 Youth Gym*	1:00–6:00 Youth Gym*	1:00–6:00 Youth Gym*	1:00–6:00 Youth Gym*	1:00–6:00 Youth Gym*	1:00–4:45 Youth Gym*	1:00–4:45 Youth Gym*
						4:45pm Gym Closed	4:45pm Gym Closed
6:00–9:15 Open Gym**	6:00–9:15 Open Gym**	6:00–9:15 Open Gym**	6:00–9:15 Open Gym**	6:00–9:15 Open Gym**	6:00–9:15 Open Gym**		
9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed		

Altavista Area YMCA

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