



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MEMBERSHIP MEANS MORE

More than a gym, a pool or a place for fitness, Y members belong to a greater cause. We are an organization that helps and gives back to the community.

## FULL MEMBERSHIP BENEFITS:

- Cardiovascular equipment
- Strength training equipment
- 3 complimentary orientations
- Complimentary group fitness classes
- Complimentary water fitness classes
- Basic Membership Benefits
- Discount on most Y programs
- Nationwide Membership- use any Y in the country
- Youth ages 11 and older are eligible (restrictions apply)

## PAYMENT OPTIONS:

- Automatic monthly withdrawal on the 5<sup>th</sup> day of each month (or 1<sup>st</sup> business day after the 5<sup>th</sup>)
- Cash, Card, or Check for total annual and joiner's fee \*\$25 returned check fee
- We accept: Discover, Mastercard, and Visa
- Financial aid available

## WHICH OPTION IS BEST FOR YOU:

- **Youth**- ages 10-17 or college student, full time, living **at** home (maximum age is 23)
- **Adult**- ages 18 or older
- **College Student**- living **away** from home and not currently on a household membership. (maximum age is 23)
- **Active Adult**- ages 65-89
- **Active Older Adult**- ages 90 and older do not pay a joiner's fee and receive a complimentary Basic Membership.
- **Household**- 2 or more adults living in the same household and their dependent children. Must provide proof of address when joining.

Never miss an alert again. Sign up at [rainedout.com](http://rainedout.com)  
Search: Altavista Area YMCA: nonprofit

## BASIC MEMBERSHIP BENEFITS:

- Indoor track
- Gymnasium
- Racquetball court
- Indoor pool
- Tennis court
- Locker facilities (Family Center and Athletic Center)
- Sauna
- Complimentary Play & Stay- 3months through 10 years of age
- Discount on group fitness classes (water and land)
- Discount on most Y programs
- \*\*Does not include Nationwide Membership Program

## COMMUNITY PROGRAMS:

- Youth sports
- Health seminars
- Health fair
- Workshops
- Luncheons
- Bus trips
- Book club
- Bingo
- Bible study
- Library
- Puzzles
- Art classes
- Art s



Altavista Area YMCA  
718 7<sup>th</sup> St.  
Altavista, VA 24517  
434.369.9622  
434.369.2187 (Fax)

**HOURS**  
**Athletic Center**  
Monday-Friday  
Saturday  
Sunday

5:00a.m.-9:00p.m.  
8:00a.m.-3:00p.m.  
1:00p.m.-5:00p.m.

**Family Center**  
Indoor pool schedule  
available at the front  
desk



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### Full YMCA Membership

| Membership                                   | Monthly | Annually | Join Fee |
|--|---------|----------|----------|
| *Youth                                       | \$28    | \$336    | \$20     |
| **College Student                            | \$18    | \$219    | \$20     |
| Adult  | \$35    | \$420    | \$40     |
| Household +1                                 | \$40    | \$480    | \$60     |
| Household +2                                 | \$54    | \$648    | \$60     |
| ***Household +3                              | \$68    | \$812    | \$60     |
| Max 3 adults - each additional adult \$14/mo |         |          |          |
| Active Adult                                 | \$29    | \$348    | \$25     |
| Active Adult Family +1                       | \$37    | \$444    | \$25     |
| Active Adult Family + 2                      | \$51    | \$612    | \$25     |
| Active Older Adult                           | \$14    | \$168    | none     |

\*rate also applies to full-time college student, maximum age is 23 years old, not on a household membership, attending college within the service area, living at home.

\*\*rate applies to full-time college student, maximum age is 23 years old, not on a household membership, boarding away from home.

\*\*\*Includes a maximum of 3 adults and unlimited dependents. Each additional adult is \$14 a month. Proof of residence at time of joining.

### Basic YMCA Membership

| Membership               | Monthly       | Annually | Join Fee |
|--------------------------|---------------|----------|----------|
| *Youth (10-17)           | \$14          | \$168    | \$20     |
| **College Student        | \$14          | \$168    | \$20     |
| Adult (18+)              | \$21          | \$252    | \$40     |
| Household                | \$26          | \$312    | \$60     |
| Active Adult (65-89)     | \$15          | \$180    | \$25     |
| Active Adult Family      | \$23          | \$276    | \$25     |
| Active Older Adult (90+) | complimentary |          | none     |

### Special YMCA Membership

We offer reduced pricing for the following: Altavista Police and Town Employees, First Responders, Active Duty Military, and People on Permanent Disability. Please inquire at the front desk for rates.

**Our Mission: To put Christian principals into practice through programs that build healthy spirit, mind and body for all.**



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