



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Which one for you?

Wellness Center

Track, Pool, Gymnasium

Full YMCA Membership

Basic YMCA Membership

Single

Household

Single

Household

- \*Youth
- \*\*College Student
- Adult
- Active Adult
- Active Older Adult

- Household +1
- Household +2
- \*Household +3
- Active Adult Family +1
- Active Adult Family +2

- \*Youth
- \*\*College Student
- Adult
- Active Adult
- Active Older Adult

- Household
- Active Adult Family

Altavista Area YMCA  
718 7<sup>th</sup> St.  
Altavista, VA 24517  
434.369.9622  
434.369.2187 (Fax)

**HOURS**  
Athletic Center  
Monday-Friday  
Saturday  
Sunday

5:00a.m.-9:00p.m.  
8:00a.m.-3:00p.m.  
1:00p.m.-5:00p.m.

Family Center  
Indoor pool schedule  
available at the front  
desk



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# MEMBERSHIP MEANS MORE

More than a gym, a pool or a place for fitness, Y members belong to a greater cause. We are an organization that helps and gives back to the community.

## FULL MEMBERSHIP BENEFITS:

- Cardiovascular equipment
- Strength training equipment
- 3 complimentary orientations
- Complimentary group fitness classes
- Complimentary water fitness classes
- Basic Membership Benefits
- Discount on most Y programs
- Nationwide Membership- use any Y in the country
- Youth ages 11 and older are eligible (restrictions apply)

## PAYMENT OPTIONS:

- Automatic monthly withdrawal on the 5<sup>th</sup> day of each month (or 1<sup>st</sup> business day after the 5<sup>th</sup>)
- Cash, Card, or Check for total annual and joiner's fee \*\$25 returned check fee
- We accept: Discover, Mastercard, and Visa
- Financial aide available

## WHICH OPTION IS BEST FOR YOU:

- Youth- ages 10-17 or college student, full time, living at home (maximum age is 23)
- Adult- ages 18 or older
- College Student- living away from home and not currently on a household membership. (maximum age is 23)
- Active Adult- ages 65-89
- Active Older Adult- ages 90 and older do not pay a joiner's fee and receive a complimentary Basic Membership.
- Household- 2 or more adults living in the same household and their dependent children. Must provide proof of address when joining.

Never miss an alert again. Sign up at [rainedout.com](http://rainedout.com)  
Search: Altavista Area YMCA: nonprofit

## BASIC MEMBERSHIP BENEFITS:

- Indoor track
- Gymnasium
- Racquetball court
- Indoor pool
- Tennis court
- Locker facilities (Family Center and Athletic Center)
- Sauna
- Complimentary Play & Stay- 3months through 10 years of age
- Discount on group fitness classes (water and land)
- Discount on most Y programs
- \*\*Does not include Nationwide Membership Program

## COMMUNITY PROGRAMS:

- Youth sports
- Health seminars
- Health fair
- Workshops
- Luncheons
- Bus trips
- Book club
- Bingo
- Bible study
- Library
- Puzzles
- Art classes
- Art showcase



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### Full YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth	\$28	\$336	\$20
**College Student	\$18	\$219	\$20
Adult	\$35	\$420	\$40
Household +1	\$40	\$480	\$60
Household +2	\$54	\$648	\$60
***Household +3	\$68	\$812	\$60
Max 3 adults - each additional adult \$14/mo			
Active Adult	\$27	\$324	\$25
Active Adult Family +1	\$37	\$444	\$25
Active Adult Family + 2	\$51	\$612	\$25
Active Older Adult	\$14	\$168	none

\*rate also applies to full-time college student, maximum age is 23 years old, not on a household membership, attending college within the service area, living at home.

\*\*rate applies to full-time college student, maximum age is 23 years old, not on a household membership, boarding away from home.

\*\*\*Includes a maximum of 3 adults and unlimited dependents. Each additional adult is \$14 a month. Proof of residence at time of joining.

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### Basic YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth (10-17)	\$14	\$168	\$20
**College Student	\$14	\$168	\$20
Adult (18+)	\$21	\$252	\$40
Household	\$26	\$312	\$60
Active Adult (65-89)	\$15	\$180	\$25
Active Adult Family	\$23	\$276	\$25
Active Older Adult (90+)	complimentary		none

### Special YMCA Membership

We offer reduced pricing for the following: Altavista Police and Town Employees, First Responders, Active Duty Military, and People on Permanent Disability. Please inquire at the front desk for rates.

**Our Mission:** To put Christian principals into practice through programs that build healthy spirit, mind and body for all.

