



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Which one for you?

Wellness Center

Track, Pool, Gymnasium

Full YMCA Membership

Basic YMCA Membership

Single

Household

Single

Household

- *Youth
- **College Student
- Adult
- Active Adult
- Active Older Adult

- Household +1
- Household +2
- *Household +3
- Active Adult Family +1
- Active Adult Family +2

- *Youth
- **College Student
- Adult
- Active Adult
- Active Older Adult

- Household
- Active Adult Family

Altavista Area YMCA
718 7th St.
Altavista, VA 24517
434.369.9622
434.369.2187 (Fax)

HOURS
Athletic Center
Monday-Friday
Saturday
Sunday

4:30a.m.-9:30p.m.
8:00a.m.-5:00p.m.
1:00p.m.-5:00p.m.

Family Center
Indoor pool schedule
available at the front
desk



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MEMBERSHIP MEANS MORE

More than a gym, a pool or a place for fitness, Y members belong to a greater cause. We are an organization that helps and gives back to the community.

FULL MEMBERSHIP BENEFITS:

- Cardiovascular equipment
- Strength training equipment
- 3 complimentary orientations
- Complimentary group fitness classes
- Complimentary water fitness classes
- Basic Membership Benefits
- Discount on most Y programs
- Nationwide Membership- use any Y in the country
- Youth ages 11 and older are eligible (restrictions apply)

PAYMENT OPTIONS:

- Automatic monthly withdrawal on the 5th day of each month (or 1st business day after the 5th)
- Cash, Card, or Check for total annual and joiner's fee *\$25 returned check fee
- We accept: Discover, Mastercard, and Visa
- Financial aid available

WHICH OPTION IS BEST FOR YOU:

- **Youth**- ages 10-17 or college student, full time, living **at** home (maximum age is 23)
- **Adult**- ages 18 or older
- **College Student**- living **away** from home and not currently on a household membership. (maximum age is 23)
- **Active Adult**- ages 65-89
- **Active Older Adult**- ages 90 and older do not pay a joiner's fee and receive a complimentary Basic Membership.
- **Household**- 2 or more adults living in the same household and their dependent children. Must provide proof of address when joining.

Never miss an alert again. Sign up at rainedout.com
Search: Altavista Area YMCA: nonprofit

BASIC MEMBERSHIP BENEFITS:

- Indoor track
- Gymnasium
- Racquetball court
- Indoor pool
- Tennis court
- Locker facilities (Family Center and Athletic Center)
- Sauna
- Complimentary Play & Stay- 3months through 10 years of age
- Discount on group fitness classes (water and land)
- Discount on most Y programs
- **Does not include Nationwide Membership Program

COMMUNITY PROGRAMS:

- Youth sports
- Health seminars
- Health fair
- Workshops
- Luncheons
- Bus trips
- Book club
- Bingo
- Bible study
- Library
- Puzzles
- Art classes
- Art showcase



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Full YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth	\$28	\$336	\$20
**College Student	\$18	\$219	\$20
Adult	\$35	\$420	\$40
Household +1	\$40	\$480	\$60
Household +2	\$54	\$648	\$60
***Household +3	\$68	\$812	\$60
Max 3 adults - each additional adult \$14/mo			
Active Adult	\$29	\$348	\$25
Active Adult Family +1	\$37	\$444	\$25
Active Adult Family + 2	\$51	\$612	\$25
Active Older Adult	\$14	\$168	none

*rate also applies to full-time college student, maximum age is 23 years old, not on a household membership, attending college within the service area, living at home.

**rate applies to full-time college student, maximum age is 23 years old, not on a household membership, boarding away from home.

***Includes a maximum of 3 adults and unlimited dependents. Each additional adult is \$14 a month. Proof of residence at time of joining.

Basic YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth (10-17)	\$14	\$168	\$20
**College Student	\$14	\$168	\$20
Adult (18+)	\$21	\$252	\$40
Household	\$26	\$312	\$60
Active Adult (65-89)	\$15	\$180	\$25
Active Adult Family	\$23	\$276	\$25
Active Older Adult (90+)	complimentary		none

Special YMCA Membership

We offer reduced pricing for the following: Altavista Police and Town Employees, First Responders, Active Duty Military, and People on Permanent Disability. Please inquire at the front desk for rates.

Our Mission: To put Christian principals into practice through programs that build healthy spirit, mind and body for all.



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