



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MEMBERSHIP FOR ALL

More than a gym, a pool or a place for fitness, Y members belong to a greater cause. We are an organization that helps and gives back to the community.

## FULL MEMBERSHIP BENEFITS:

- Cardiovascular equipment
- Strength training equipment
- 3 complimentary orientations
- Complimentary group fitness classes
- Complimentary water fitness classes
- Basic Membership Benefits
- Discount on most Y programs
- Nationwide Membership - use any Y in the country
- Youth ages 11 and older are eligible (restrictions apply)
- **YMCA360 included**

## PAYMENT OPTIONS:

- Automatic monthly withdraw on the 5<sup>th</sup> day of each month (or 1<sup>st</sup> business day after the 5<sup>th</sup>)
- Cash, Card, or Check for total annual and joiner's fee \*\$25 returned check fee
- We accept: Discover, Mastercard, and Visa
- Financial aide available

## WHICH OPTION IS BEST FOR YOU:

- Youth: ages 10 -17 or college student, full time, living at home (maximum age is 23)
- Adult: ages 18 or older
- College Student: living away from home and not currently on a household membership. (maximum age is 23)
- Active Adult: ages 65-89
- Active Older Adult: ages 90 and older do not pay a joiner's fee and receive a complimentary Basic Membership.
- Household: 2 or more adults living in the same household and their dependent children. Must provide proof of address when joining.

Never miss an alert again. Sign up at [rainedout.com](http://rainedout.com) Search: Altavista Area YMCA: nonprofit

## BASIC MEMBERSHIP BENEFITS:

- Pickle ball
- Ping pong
- Kickboxing equipment
- Indoor track
- Gymnasium
- Racquetball court
- Indoor pool
- Tennis court
- Locker facilities (Family Center and Athletic Center)
- Sauna
- Complimentary Play & Stay - 3months through 10 years of age
- Discount on group fitness classes (water and land)
- Discount on most Y programs
- **\*\*Does not include Nationwide Membership Program or YMCA360 (YMCA360 additional \$5/Mon)**

## COMMUNITY PROGRAMS:

- Youth sports
- Health seminars
- Health fair
- Workshops
- Luncheons
- Bus trips
- Book club
- Bingo
- Bible study
- Library
- Puzzles
- Art classes
- Art showcase



## Altavista Area YMCA

718 7th St.  
Altavista, VA 24517  
434.369.9622  
434.369.2187 (Fax)

## HOURS

Athletic Center  
Monday-Friday  
Saturday  
Sunday

5:00a.m.-9:00p.m.  
8:00a.m.-5:00p.m.  
1:00p.m.-5:00p.m.

## Family Center

Indoor pool schedule  
available at the front  
desk



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### Basic YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth (10-17)	\$17	\$204	\$20
**College Student	\$17	\$204	\$20
Adult (18+)	\$24	\$288	\$40
Household	\$29	\$348	\$60
Active Adult (65-89)	\$18	\$216	\$25
Active Adult Family	\$26	\$312	\$25
Active Older Adult (90+)	complimentary		none

### Full YMCA Membership

Membership	Monthly	Annually	Join Fee
*Youth (10-17)	\$31	\$372	\$20
**College Student	\$21	\$252	\$20
Adult (18+)	\$38	\$456	\$40
Household +1	\$43	\$516	\$60
Household +2	\$57	\$684	\$60
***Household +3	\$71	\$852	\$60
Max 3 adults - each additional adult \$14/mo.			
Active Adult (65-89)	\$32	\$384	\$25
Active Adult Family +1	\$40	\$480	\$25
Active Adult Family + 2	\$54	\$648	\$25
Active Older Adult (90+)	\$14	\$168	none

\*This rate also applies to full-time college students, maximum age is 23 years old, not on a household membership, attending college within the service area, living at home.

\*\*This rate applies to full-time college student, maximum age is 23 years old, not on a household membership, boarding away from home.

\*\*\*Includes a maximum of 3 adults and unlimited dependents. Each additional adult is \$14 a month. Proof of residence at time of joining.

We offer reduced pricing for the following: Altavista and Hurt Police, Town Employees, First Responders, \*Active/Veteran military, and People on Permanent Disability.

\*Please inquire at the front desk about status

### YMCA360+ Virtual Membership: \$10/Mon

An **on-demand video** platform for our Y community. YMCA360+ offers a variety of content including group exercise classes, youth sports training, well-being classes and more to serve **wherever you are**. Whether you are at home or on the road, take the Y with you along with your favorite classes, instructors and more. The **YMCA360+** membership is the **stand-alone video platform** membership with limited (**1-time**) access to the facility.

### Our Mission:

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



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