



**ATHLETIC CENTER
LOCKER ROOM FACILITIES
YMCA MODESTY POLICY**

Altavista Area YMCA's Modesty Policy:

1. Have all members show discretion and change behind a shower curtain or in one of the stalls.
2. While in the sauna - be covered up or at the bare minimum, wear a swimsuit.
3. While in the locker room- be covered up or at the bare minimum, wear a swimsuit.