



**FAMILY CENTER**  
**LOCKER ROOM FACILITIES**  
**YMCA MODESTY POLICY**

Altavista Area YMCA's Modesty Policy:

1. Have all members show discretion and change behind a shower curtain or in one of the stalls.
2. While in the sauna - be covered up or at the bare minimum, wear a swimsuit.
3. While in the locker room- be covered up or at the bare minimum, wear a swimsuit.

At the Pool:

1. Have all members show discretion and change behind a shower curtain or in one of the stalls.
2. While in the locker room- be covered up or at the bare minimum, wear a swimsuit.
3. Use "The All Access" locker room for more privacy and for added personal comfort.