



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**\$250 member  
for the Season**

### Times

Practices will be M/ W 4:30-5:30  
and T/R 4:30-6:45 All ages  
welcome. Oct 23rd - March 3rd

### Important Information

- Must register online
- must be able to swim 1 length of the pool (25 Yards)
- Strokes will be taught or refined
- Practices are not mandatory. You may decide how many you attend.

# DOLPHIN SWIM TEAM

434-369-9622

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[www.altavistaymca.org](http://www.altavistaymca.org)