



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

ALTAVISTA AREA YMCA ATHLETIC CENTER

Gym Schedule

Schedule is subject to change

December – first of March

Youth basketball:
5:30pm-7:45pm,
Mon – Fri &
8:00am – 1:00pm,
Saturday

Multiple activities are often scheduled in this gym at the same time.

Gym Rules

Please wear athletic shoes. No slides, flip-flops, sandals, or boots

No food or drinks

Put basketballs into bin when leaving

Age Guidelines

Youth may be in gym at any time, when accompanied by an adult

*Youth Gym: ages

10-15 may be in gym unaccompanied from 1:00pm (when there's no school)-7:00pm and then must leave the Y or be with an adult

**** Open Gym: 16 & older** may be in gym unaccompanied

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00am-1:00 Open Gym**	5:00am-8:00a Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**	5:00am-1:00 Open Gym**		
	Pickleball 8:00-1:00 Court 2	Pickleball 8:00-1:00 Court 1 & 2	Pickleball 8:00-12:00 Court 2	Pickleball 8:00-1:00 Court 2	Pickleball 8:00-1:00 Court 2	8:00-4:45 Open Gym**	
	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-7:00 Youth Gym*	1:00-4:45 Youth Gym*	1:00-4:45 Youth Gym*
						4:45pm Gym Closed	4:45pm Gym Closed
	Open Gym** 7:00-8:45	Adult Member Basketball 6:00-8:00	7:00-8:45 Open Gym**	Adult Member Basketball 6:00-8:00	Open Gym** 7:00-8:45		
	Pickleball 6:00-8:30 Court 1	7:00-8:45 Open Gym**		Open Gym** 7:00-8:45	Pickleball 6:00-8:30 Court 1		
	8:45pm Gym Closed	8:45pm Gym Closed	8:45pm Gym Closed	8:45pm Gym Closed	8:45pm Gym Closed		

Altavista Area YMCA

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