



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Altavista Area YMCA Athletic Center

Welcome to the Y! You are part of a wonderful organization that makes a real impact on people's lives. Below you will find a few rules and policies to help you make the most of the facility.

Always bring membership card and check-in to the front desk

Early Risers (5:00am-8:00am) must have an access code to enter through the upstairs entrance. An access code can be issued by the front desk. Members must swipe their card first and then enter the code to unlock the interior doors. Sharing an access code with others will result in loss of membership.

24/7 membership available, at an additional fee, with Full Facility membership.

Front Desk opens at 8:00am Monday-Saturday for business purposes

No solicitation

Please, no hard sole shoes, sandals, slides, or Crocs are allowed on wood floors. No food or drinks in the gym

Please, no hanging over the track or walking in groups of three or more

Children under 11 are not allowed on the track unless they walk side by side with a parent and the track is not busy

Children must be 12 to have a Wellness Center membership. A minimum 14 to be in the weight room unaccompanied

Locks are not allowed to be used by children under the age of 12 unless a member of the Wellness Center

Locks are for daily use only. Please return lock to the front desk. Small locker rental is \$3.00 per month. Large lockers are \$5.00 a month and both are \$7.00 a month

Children under the age of 10 must be either in Play & Stay (reservations required due to the size of the room) or with a parent

Children under 16 are not allowed in the gymnasium after 7:00pm without adult supervision (Monday-Friday). This includes youth with Full Facility memberships

Call front desk 24 hours in advance to reserve the racquetball court (not mandatory but recommended)

The YMCA is not responsible for lost or stolen items

No smoking, vaping, use of any tobacco products, or under the influence of alcohol or marijuana allowed

Any abuse of the facilities or an inability to follow the rules will result in membership being revoked. Membership fees are non-refundable.