

THE TO MAKE A SPLASH PLACE



Registration
Opens 5/4



TIME	Morning Lessons (M-TH)	
9:30-10am	STAGE 1	STAGE 2
10-10:30am	STAGE 1	STAGE 2
10:30-11am	STAGE 1	STAGE 2
11-11:30am	STAGE 2	STAGE 3

Time	Evening Lessons (T/TH)	
6-6:30pm	STAGE 1	STAGE 2
6:30-7pm	STAGE 1	STAGE 3

Time	Monday	OR	Wednesday
4:30-5pm	Water Babies A		Water Babies B
5-5:30pm	STAGE 1		STAGE 2
5:30-6pm	STAGE 1		STAGE 2

SWIM STARTERS 2 & under

- A** Student can respond to verbal cues.
- B** Student can comfortably submerge nose and mouth with assistance.

SWIM BASICS ages 3+

- 1** Student is able to follow directions and jump safely on land.
- 2** Student can do a front & back float independently.
- 3** Student can swim 10-15 yds. on front and back with face submerged.

SESSION INFO

Summer lessons run June-July (no classes the week of July 4th).

Scan the QR code for full schedule details.

ALTAVISTA AREA YMCA
1000 Franklin Ave Altavista, VA 24517
altavistaymca.com | 434-369-9622 x23

QUESTIONS?
Contact Beth Wilson | Aquatics Director
ewilson@altavistaymca.com

Session Costs:
Members: \$60 • Non-Members: \$80